



THE BANK
- BY THE SEA -

breakfast menu

Price for non-residents: £7.50

Served from 8am to 11.30am

The Full English – full as this is how you will feel after it!

Eggs (your way), bacon, sausages, beans, mushrooms, sliced tomatoes & fried bread

Toast, butter and preserves

Served with tea or coffee

Juice

The American – power punching, calorie packed!

Eggs (your way), bacon, sausages, Belgium waffle

Served with tea or coffee

Juice

The Continental – for the guest on the go!

Croissant with butter and jam, Danish and yoghurt

Served with tea or coffee

Juice

The Low Calorie – for that healthy start to the day!

Fresh fruit, yogurt and muesli

Served with tea or coffee

Juice

The Breakfast basket – for the lazy morning

Delivered to your room (for this option please book the night before)

Fresh fruit, yogurt and muesli

Paper bag Breakfast – to eat in or to have on the go

Baguettes and Sandwiches: Bacon, Egg or perhaps Sausage

Good old-fashioned porridge oats available

Cereals and other goodies on the side also available